**Additional Resources for Lesson 1**

Intro Zones concept, increase emotions vocabulary, recognize facial expressions

Pinterest Facial Expressions <http://www.pinterest.com/crpitt/emotions-and-expressions>

Emotions, Feelings and Anger <http://www.wartgames.com/themes/family/feelings.html>

Tips for Teens <http://teenshealth.org/teen/your_mind/best_self/emotional-awareness.html?tracking=T_RelatedArticle>